



Healthy Impact Nampa Coalition

Food Access Subcommittee

Minutes – September 13, 2018

3:30 PM - Welcome and Introductions

Brent Peterson and Bethany Gadzinski, Committee Chairs, started the meeting, all in attendance introduced themselves.

Name	Affiliation
Bethany Gadzinski	Terry Reilly Health Services, Committee Co-Chair
Brent Peterson	NNU, Committee Chair
Leslie Pedrosa	Valley Regional Transit
Claudia Dina	Good News Church Pantry
Ana Rowell	North Nampa Revitalization Project
Sheri Ainsworth	Saint Alphonsus
Karla Nelson	City of Nampa, Staff Liaison
Silvia Christensen	Food Access Nampa
Paula DeLeon	Invest Health North Nampa Representative
Karla Nelson	City of Nampa
Emmett Wemp	Treasure Valley Leadership Academy
Rae Krick	Terry Reilly Health Services
Jackie Yarbrough	Idaho Food Bank
Meggan Manlove	Trinity Community Gardens
Billy Wingfield	Valley Regional Transit
Marisa Erickson	Southwest District Health
Lynda Clark	Resident/ Retired Grant Writer
Sheila Anderson	Trinity Community Gardens
Steffanie Altenbern	NSD 131 – Mckinney Vento
Jessica Nielsen	Treasure Valley Leadership Academy
Brian Dale	HUD

3:45 PM – Valley Regional Transit

Leslie Pedrosa and Billy Wingfield explained that in response to budget shortfalls Valley Regional Transit (VRT) is proposing to cut the frequency of service to route 51. Route 51 travels from the College of Western Idaho to the Walmart on 12th Avenue South with stops along the route include stops on 16th Avenue North in the Northside neighborhood. Currently the route runs from 6:45 a.m.-7:30 p.m. with ½ hour service during peak hours (6:45-9 and 3-6) and

hourly service during non-peak times. The proposal is to provide hourly service only during peak hours from 6-9 a.m. and 3-6 p.m. VRT recently had an open house to share the proposed cuts and about 20 people showed up, surveys were also collected on the bus. A link to the online survey can be found at www.valleyregionaltransit.org/

There was some discussion about the variety of public transit and specialized transportation services available in Nampa – VRT, Metro, Treasure Valley Transit (TVT). These services are described on the VRT website: <https://www.valleyregionaltransit.org/specialized-transportation/> and <https://www.valleyregionaltransit.org/other-providers/>

Committee members suggested that VRT utilize NextDoor to spread the word about service changes and open houses. The committee also discussed providing quarterly reports to City Council so that the Council can better understand needs in the community and the work that the food access committee is doing to address those needs.

The Traveling Table

It was explained that based on survey results the fruit and veggie hut will be called The Traveling Table. The name is meant to convey a welcoming place where people can access healthy food. Claudia explained that Good News is placing metal supports on the truck to allow for placement of the AC unit. By the end of the week the truck will be sent to Bish's to have the AC unit and awning installed, the process will likely take two weeks.

Treasure Valley Leadership Academy students are going to contact Blacksmith signs to provide guidance on the truck-wrap design. Project sponsors will need to share their high resolutions logos to be highlighted on the truck wrap. Blacksmith signs will need to submit an invoice and W9 to Karla for processing – most of the Blue Cross funding will be used on the AC unit and awning. Invest Health dollars can pay for the wrap and remaining needs including light weight tables, bins, crates, bungee cords and a washing station. Holes may need to be drilled into the side of the truck to attach the bungee cords. **Action:** Karla will get rack measurements and purchase needed supplies.

Jackie Yarbrough explained that the truck will need to be inspected by Southwest District Health. In advance of that inspection TVLA students will need to sweep out the truck and wipe it down with a bleach wash. Jessica Nielsen will soon get her Serve Safe certification and she will provide training to all student volunteers. After the inspection is approved the Traveling Table can start to receive produce from the Idaho Food Bank.

Jessica Nielsen explained that her community engagement students have divided into groups some are focused on marketing and fundraising, others on surveys and determining stop locations and others will serve as volunteers on the truck.

Food Access committee members suggested that NNU students could be a great partner for this effort. The hope is to launch the Traveling Table on the third week of October. To start, the Traveling Table will go out once per month, going out on the 3rd week of each month makes sense in relation to the food distribution which already occurs during the 1st week of each month in North Nampa.

Steffanie Altenbern suggested that it could be helpful to have a stop at the school district office near the time when Nampa High gets out. Many of the homeless families in Nampa School District already come to this office for assistance. The committee discussed, but did not definitively decide, if the stops should exclusively be in North Nampa. The neighborhood around NNU and Nampa High School is also a very high need neighborhood and Nampa's highest poverty census track is now in that area, however much of the original idea came from needs identified in North Nampa. Since the unit is mobile it is possible to serve multiple neighborhoods. TVLA students will be coming up with proposals. Some other potential stop locations in the Northside include Lakeview Park, Terry Reilly, TVLA, Nampa Housing, Gateway Apartments and neighborhood parks. Jackie explained that having a consistent day, time and place(s) will help people know where to go.

Action: All committee members will be asked to help spread the word when the exact date, time and locations are finalized. Information can be shared on the remind app for Nampa School District students, Facebook pages, radio stations and with Idaho Press-Tribune. Many churches can be contacted through Nampa's Ministerial Office at NNU. Other churches can be reached through Treasure Nampa.

3:45 p.m. Project Updates

School Food Share Program: Sandy Kipp is still trying to arrange a time to meet with Sheila Keim to determine if this program will work in Nampa.

North Nampa, Good News Church, Food Pantry

Claudia Dina explained that Good News Food Pantry is now looking to build the pantry in Lakeview Park. The park location will allow the pantry to be large enough to accommodate the need. The location is near the church on a little used grassy area. The pantry would help to increase parking available at the park. Claudia expects that the matter will go before Nampa City Council on September 17. Several Food Access Committee members offered to write letters of support.

Grocery Store Shuttle: Sheri Ainsworth explained that she is working to create a position for a driver in Saint Alphonsus then they will go through the process to hire Roberto for that job. She has been working with Boise Rescue Mission to ensure that the schedule works with Roberto's schedule at the Rescue Mission. Sheri has also been applying for grants to purchase a people mover, in the long run the Rescue Mission will need their vehicle for other programs. Sheri

mentioned that we are exploring options for a second route that could provide rides to banks and other services. These venues might be a potential source for funding.

Terry Reilly Healthy Food Prescription Program – Rae Krick explained that the program has been going well and that the Boise Farmer’s Market has been providing produce. About 60 people can go through the program at a time, they are seen by clinicians and receive education and information from a dietician. They also receive vouchers to purchase fresh fruits and vegetables. However, Boise Farmers Market produce will only be available through October and after that they need to secure a partnership with a local grocer. Grocers are compensated for the produce, but they need to be willing to accept the program vouchers. Jackie Yarborough is working with her contacts to try to forge a partnership with a grocery store.

Other Updates:

Kindness day will be at the Ford Idaho Center on September 29 from 11-5. Suicide prevention supports will be available.

Brian Dale shared that the Idaho/Nevada CDFI will be meeting soon and that he will be seeking support for some of our initiatives. Sheri Ainsworth will be joining Brian for his meeting.

Alma Rowell described her efforts to start a non-profit in the Northside neighborhood. She wants to develop a community garden near Northside Boulevard. Alma is also interested in helping people to improve their yards and properties, she wants to work alongside neighbors to improve the neighborhood aesthetics. The thought is that a well-maintained neighborhood will help to create community, reduce crime and increase neighborhood pride. Alma is looking for people to join her in this effort, help could be provided by donating landscaping materials that you have and are not using or by volunteering your time.

4:50 PM Meeting Logistics

- The next meeting will be held on Tuesday, October 9 from 3:30 -5 at Terry Reilly 16th Street Clinic.