



Healthy Impact Nampa Coalition

Food Access Subcommittee

Minutes – February 20, 2018

3:30 PM Welcome and Introductions

Brent Peterson and Bethany Gadzinski, Committee Chairs, started the meeting with a welcome introduction and all in attendance introduced themselves.

Name	Affiliation
Janie Burns	Boise Farmers Market
Brent Peterson	NNU, Committee Chair
Paula DeLeon	Northside Community Liaison
Claudia Dina	Good News Church Pantry
Ana Moroshan	Good News Church Pantry
Amy Holmes	Central District Health
Mari Ramos	Family Community Resource Center NSD
Sheri Ainsworth	Saint Alphonsus
Sandi Levi	Councilwoman
Silvia Christensen	Food Access Nampa
Humberto Fuentes	Hispanic Cultural Center
Bruce Wiley	N. Nampa Food Access
Jean Mutchie	St. Luke's
Vaun Stringam	Project Ruth
Emely Blowers - DeLeon	The Salvation Army
Kyle Rooks	TRHS
Chad Raynor	Nampa School District
Karla Nelson	City of Nampa
Rhonda Jalbert	Valley Regional Transit
Kelly Grill	Nampa Housing Authority
Emmett Wemp	Nampa School District
Don Bentley	Good News Community Church
Gabriella Haragos	Good News Food Pantry
Meggan Manlove	Trinity Community Gardens
Kim Whitemyer	Just Serve/ North Nampa Food Access Com.
Jackie Jermann	WICAP
Bethany Gadzinski	Terry Reilly Health Services
Lynda Clark	Resident/ Retired Grant Writer
Diane Stephens	

3:40 PM Project Spotlight: Fruit and Veggie Hut

Emmett Wemp, Principal at the Treasure Valley Leadership Academy and Chad Raynor, with the Nampa School District shared details about the proposed fruit and veggie hut. The hut is intended to provide some access to fresh fruits and vegetables in the Northside neighborhood. Students at the Treasure Valley Leadership Academy would at specific times and days run the stand with support from community members. The hut is intended to give the students an opportunity to gain some business development experience while also starting to address a need in the neighborhood. It would be a Social Enterprise club. The Blue Cross of Idaho Foundation provided \$5,000 for the hut construction. Treasure Valley Leadership Academy would like to have the hut up and running before the end of the school year, hopefully early May.

The committee was asked to provide feedback on the idea:

- Members felt that mobility would be an important aspect. Mobility is especially important if the location does not work long-term or if different summer-time locations are desired. Placing the hut on a trailer makes some of the permitting requirements less stringent.
- ADA accessibility concerns: ramp specifications and the hut size would likely make accessibility difficult. One potential alternative is to offer photos of produce on an iPad so that community members could shop without physically entering the hut.
- Keeping the produce inside the hut seemed desirable because setting up tables and moving all the produce could be a lot of work.
- SNAP benefits were discussed, it was determined that accepting SNAP might not be possible in the beginning. Alternatively, churches or civic groups could sponsor vouchers which would allow customers to receive produce for free, at a reduced cost, or they could get 2 for 1.
- The goal would be to provide very low-cost produce even without any vouchers, the school would just need to not lose money.
- The committee felt that it would be important to give the students some easy wins and that community organizations would need to step up to help with procurement and the business plan.
- Student and community interest could be spurred with artwork on the outside of the hut.

It was decided that a small subcommittee would meet to work on veggie hut logistics.

Subcommittee members are Jean Fitzgerald-Mutchie, Janie Burns, Meggan Manlove, Sheri Ainsworth, TVLA staff, Mari Ramos, Paula DeLeon, Bruce Wiley, and hopefully some NNU MBA students.

4:10 PM Involvement Opportunities

Valley Connect 2.0 - Rhonda Jalbert with Valley Regional Transit shared information about Valley Connect 2.0, a short-range plan. Valley Connect 2.0 outlines a vision for a public transportation system that offers numerous options to travel around the region. It is meant to accommodate both current and future needs. Rhonda asked committee members to view the plan at www.valleyregionaltransit.org and to take the survey at www.surveymonkey.com/r/ValleyConnect Surveys need to be completed by March 15. The committee briefly discussed organizing a ride the bus with us event during May in motion.

Transportation Master Plan – Karla Nelson, City of Nampa Community Planner, encouraged committee members to attend the Transportation Master Plan workshop on February 27, 2018 at the Nampa Civic Center, 4-6 p.m.

Brent Peterson explained that the Lighthouse Rescue Mission will run a 3-month pilot grocery store shuttle every Saturday starting February 3 and ending April 28. If the shuttle is helpful, the goal is to seek permanent funding to continue the service. Brent and Jose tested the route last week and created a timetable, although it is expected that situations will occur which will cause times to vary. Brent and Jose also spoke with the Winco manager about the program. St. Luke's and Saint Alphonsus are funding the pilot program.

4:25 p.m. Project Updates

Grocery Store Shuttle: Brent Peterson shared that the shuttle was seeing an average of 15 riders each Saturday (since this meeting the March 3, 2018 shuttle had nearly 50 riders). Riders expressed a desire to also go to Walmart to fill prescriptions. The route was adjusted to make stops at both Winco and Walmart. Some riders have mentioned that they ride just to get out, they don't like having to ask for rides and the shuttle allows them to have some social interaction and just to get out of the house. Organizations are considering offering additional services like health screenings and free tax services while the shuttle is running. Jackie Amende with the University of Idaho Extension will offer a free grocery store tour on March 10 for interested riders. She will focus her tour on how to eat healthy with a budget and those who participate in the tour will receive a \$10 voucher to shop at the store.

Grocery Store Shuttle Needs:

- Volunteers (Grocery Store Shuttle Hosts) are needed to ride the bus and to help customers with mobility issues and those needing help with their groceries. Mari Ramos agreed to set up a sign-up sheet and to post on Just Serve.
- Long-term funding is needed, current funding covers 3 months (February-April), customers are starting to rely on the shuttle and it would be difficult to take it away.
 - Need to gather personal stories and experiences from riders to help explain the need to potential funders.
 - Need to speak with the grocery stores to see if they will help fund the service.

North Nampa, Good News Church, Food Pantry

Good News Church has been working to build a permanent food pantry in the Northside. Claudia Dina and other church representatives explained that their plans are being reviewed by the city building department and are close to being approved. The church has set up a 501 c3 bank account and they are talking with various organizations to get funding for the project. The church will set up a facebook page/website where anyone can donate to the project. Meggan Manlove suggested that the church approach First Interstate bank to see if they might be able to access some of their grant dollars.

Endeavor Elementary – Silvia Christensen and Jean Mutchie shared that Endeavor Elementary is looking for volunteers every day (11:45 – 12:30) to walk with kids on the track. Ideally, they would like adults to commit to come 1/per week or a few times each month so that the kids can develop a relationship with positive and consistent adult role models. Volunteer walkers will need to check in with the front office and fill out a form.

Terry Reilly Healthy Food Prescription Program – Bethany Gadzinski explained that Terry Reilly is having difficulty finding a full-time dietician to help with their new healthy food prescription program. Bethany encouraged the group to recommend the position to dieticians that they might know.

WICAP Food Distribution – Jackie Jermann shared that WICAP will be providing free food boxes on March 21 at City Acres Park from 10 a.m. – 12 p.m. and 1 p.m. – 3 p.m. Anyone in need is welcome to take a box, no documents are required.

4:40 PM Meeting Logistics

- The committee agreed that the next meeting should be **on Tuesday, March 13 at the Hispanic Cultural Center from 3:30-5 p.m.**

4:45 PM Hispanic Cultural Center Tour

Humberto Fuentes lead the group in a tour of the Hispanic Cultural Center. The group looked at the commercial kitchen, classrooms, meeting rooms, board room, and the art museum.