

Tom Dale  
Mayor



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## News Release

### Your Vote Needed To Win A Grant

(September 4, 2013) – The City of Nampa is one of 7 cities in Idaho competing for a grant from Blue Cross of Idaho’s High 5 Community Grant program. We need your vote to win! You can text HIGH5 to 32461, or go to [facebook.com/highfiveidaho](https://www.facebook.com/highfiveidaho) to watch our video and vote for Nampa!

Mayor Tom Dale and city staff met with many community partners to discuss childhood obesity in our community, what programs are needed, what are already underway and what can be made stronger through collaboration.

In Nampa’s grant application we note that according to the 2010 census over half our population is 30 years old and younger and that all our schools in Nampa are Title One eligible, which shows our families have a high level of need. A recent study of 3<sup>rd</sup> graders by Idaho Health and Welfare showed kids within our region had the highest number of obese children in Idaho.

Nampa has support in our community for change and our biggest asset is community partnerships, businesses and organizations willing to partner and work together to change the trend.

Some of the ideas the committee had for the grant were new, some were an expansion of what was in place but could reach more people through a coordinating effort and the financial backing of this grant.

The grant proposal includes:

Working with Nampa Farmer’s Market on “Market Sprouts” a scavenger hunt for kids to help them discover new vegetables, a Mobile Produce Program that would expand the efforts of Trinity Gardens with the help of other partners to give people better access to fresh vegetables. Physical activity opportunities would be increased by expanding the traveling playground, and encouraging schools to hold “Recess Before Lunch”, and a Healthy Communities Commission within Nampa would be established.

For more details please watch the video on-line and vote to help Nampa receive this grant! Voting is open through September 30<sup>th</sup>. The grant will be awarded in October.

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