



Nampa Parks and Recreation Department August Events

(August 2, 2013) Check out the programs and classes being offered for the month of August from the Nampa Parks & Recreation Department. For more information or to register, please call 468-5858, go online to www.nampaparksandrecreation.org, or stop by the Nampa Recreation Center, 131 Constitution Way in Nampa.

Injury Screening - Provided by St. Alphonsus Physical Therapy

Sign up at the weight room desk for a 15 minute injury assessment, including recommendations for injury treatment and prevention. All ages are welcome.

August 1 & 15

12:30 – 1:30 pm

Free for Nampa Rec Center Members or with day pass

Intermediate Digital Photography

This 5 week class will go beyond the basics of photography. You will learn how to adjust lighting, and angles for pictures and will learn advanced camera techniques to get the most out of your camera. This class is geared towards photographers with digital SLR cameras who already know the basics and are looking to move to the next level with their picture taking skill.

August 1-29

Thursdays 7-9pm

Member \$75; Non-Member \$80

Starlight Mountain Theatre Dinner & Show

Join the Nampa Recreation Department for an evening of entertainment at the outdoor theatre. Enjoy dinner with the cast before the entertaining performance of *Crazy For You*.

August 1

Depart the Rec Center at 4:30pm

Return by 12am

\$35 (includes transportation, dinner and admission)

Hawaiian Beach Party

Grab your friends and "Hang Loose" at Lincoln Pool and Lakeview Water Park. Join us for a beach party that includes free Otter Pops with every paid admission.

August 3

Volleyball Camps

- ***Little Spikers***

Kids will be introduced to the skills and rules of volleyball through drills and games. Lower net and light balls will be used.

Ages 8-10

August 5-8

Monday-Thursday

8-9:30am

Member: \$40; Non-Member: \$45

- ***Beginning Volleyball Camp***

Boys & girls will learn basic volleyball skills through fun drills and games

Ages 11-14

August 5-8

Monday – Thursday

Noon-2pm

Member: \$50; Non-Member: \$55

- ***Advanced Volleyball Camp***

Players with some competitive volleyball experience will learn more advanced skills and strategies with emphasis on competitive match play.

Ages 11-14

August 5-8

Monday-Thursday

2-4pm

Member: \$50; Non-Member: \$55

Tennis

Learn to play tennis in this skills, drills, and games format. Participants will be divided by age and ability. All abilities welcome. Classes will occur simultaneously on multiple courts with instructors trained and provided by Idaho Tennis Association. Some racquets will be available if needed.

Ages 4 & up

August 5-15

Monday-Thursday

6-7pm

Skyview High School

\$45

Advanced Archery

Class is held at Nampa Bow Chiefs, 22 West Railroad. Equipment is provided. Students may use their own equipment with instructor approval. Class will cover equipment, safety and advanced form and technique using a compound bow.

Ages 7 & Up

August 6-15

Tuesdays - Thursdays

7-8pm

\$26

Children's Art Education – 3 Day Summer Mini Camp

Crayola Model Magic is just one of the media used in this three day camp. Children will create masterpieces while using various art supplies and learning about artists, cultures and more.

Ages 6-12

August 6-8

10:45am – 12:45pm

Member: \$63; Non-Member: \$68

Injury Screening - Provided by St. Alphonsus Physical Therapy

Sign up at the weight room desk for a 15 minute injury assessment, including recommendations for injury treatment and prevention. All ages are welcome.

August 7

5-6 pm

Free for Nampa Rec Center Members or with day pass

Basic Sewing Skills

In this 4-week class, complete three projects while learning how to use a sewing machine, select and purchase fabric, read a pattern, put in a zipper and more.

Machines and sewing tools are provided. Classes held at Bluebird Quilt Studio, 1309 2nd Street South, Nampa.

August 7-28

Wednesdays

1-4pm

\$50

Middle School Day Trip: Boise Hawks Game Night

Spend a summer evening watching America's pastime. Transportation, game ticket, hot dog and drink voucher are included.

Ages 11-13

August 8

Depart NRC: 5:45 pm

Return: 10:15 pm

\$15

27th Annual Nampa Festival of the Arts

This free community event features over 175 artisans, food concessionaires, free children's activities and an excellent entertainment schedule.

August 10-11

10am – 6pm, Saturday

11am – 4pm, Sunday

Lakeview Park

FREE

106th Anniversary of the Lakeview Train

Mike McCoy, a volunteer with Heber Valley Railroad, will be on hand to guide tours and give you all the history behind this historic Nampa landmark.

August 10-11

10am-5pm, Saturday

11am-4pm, Sunday

Lakeview Park

FREE

Noodle Mania

Come play and float as we toss all our foam floatable noodles into the pool!

August 10

Lakeview Water Park

Adult Flag Football

The Nampa Rec Department is offering adult Flag Football. Each team will play six regular season games. All games will be played on Saturdays. The top three teams in each division will advance to the playoffs with the first seed receiving a first round bye. Games start September 7. Informational meeting August 6 at 6pm in the Nampa Senior Center.

\$230 – League Fee by August 13 (\$255 after August 19)

Player fees: \$10 – Nampa Residents

\$15 – Non-Residents

Active Adults Whitewater Rafting Trip (55+) - Sponsored by Karcher Estates

The Nampa Parks Department is teaming up with Riverroots Ltd. to offer a day trip down the Main Payette. This section has class III rapids and beautiful scenery to enjoy. Riverroots has professional guides with years of experience. Cost includes transportation, all rafting equipment, guides and fun!

August 13

8am – 3pm

Depart and Return: Nampa Rec Center

\$45

Watercolor

In this 3 week illustration style watercolor class, experiment with different watercolor medium such as watercolor pastels, watercolor pencils, and watercolor markers, as well as paper styles to create beautiful effects. Subjects will include birds, statues, plants, flowers, and more. Supplies provided.

August 14-29

Thursdays

6-7:30pm

Member \$45; Non-Member \$50

Lock-In for Kids

Stay locked in at the Nampa Rec Center all night! Kids will enjoy movies, swimming, games and a pizza party. Children should bring a sleeping bag, swim suit, towel and clothes to sleep in.

Ages: 6-12

August 16

7pm – 9am

Member: \$20; Non-Member: \$25

Babysitter Training

Learn information and skills necessary to provide safe and responsible care for children in the absence of parents and guardians. Course includes handbook, Emergency Reference Guide and CD with fun activities and support resources. Upon successful completion, participants will receive a Red Cross Babysitter Training Certification card. Please bring a sack lunch.

Ages: 11-15

August 17

9am-3pm

Member: \$45; Non-Member \$50

Cake Decorating: Mixed Garden

Give that birthday cake some extra pizzazz! Working with fondant and gum paste, learn various techniques to create beautiful adornments for your confections. Fee includes all supplies.

Ages 12 & up

August 17

2-4pm

Member \$25; Non-Member \$30

Bob Ross Style Painting

Pick up a brush and put your dreams on canvas. Taught by a certified "Bob Ross" Instructor, this four hour oil painting class is suitable for beginners. All supplies included to complete an 18"X24" landscape painting in class.

August 18

Noon-4pm

Nampa Senior Center

Member \$45; Non-Member \$50

Homeschool PE

The Nampa Rec Center offers a comprehensive physical education program for homeschooled children taught by Stephanie Michaelson, a certified Physical Education teacher.

August 20-October 15

K-1st Grade – 9-9:45am

2nd-3rd Grade – 10-10:45am

4th-6th Grade – 11-11:45am

7th-12th Grade – 12-12:45pm

Member \$40, Non-Member \$45

Starlight Mountain Theatre Dinner & Show

Join the Nampa Recreation Department for an evening of entertainment at the outdoor theatre. Enjoy dinner with the cast before the entertaining performance of *Variety Show*.

August 22

Depart the Rec Center at 4:30pm

Return by 12am

\$35 (includes transportation, dinner and admission)

6th Annual Pooch Party

Nampa's largest dog festival includes a dog-swim, raffle, pet-friendly booths, 1-mile walk, contests & prizes. Register online at www.nampaparks.org or stop by any Zamzows or the Nampa Rec Center. All proceeds go to the improvement and upkeep of the Nampa Dog Park.

August 24

\$25 – before August 21

\$30 – after August 21

Lakeview Park

Looking Ahead In September ...

- 28th Annual Harvest Classic